

COLON REFLEXIS COURSE

Distance Learning CPD Course

Colon Reflexis is a simple technique that is integrated into a colon hydrotherapy treatment.

By learning the technique and sequence of Colon Reflexis you can

- A: Promote the body's own healing mechanism
- B: Assist the colon to eliminate
- C: Encourage clients to be actively involved
- D: Encourage a partnership between client and therapist
- E: Reduce stress levels in anxious clients
- F: Pass the skill on to clients to carry out at home as part of the post treatment advice.

There is also the opportunity to attend a one day workshop which complements the course, it will focus on the practical aspects of using reflex points to promote health and well being. This is NOT compulsory to the course. There will be an additional charge for the one day workshop.

On completion of the course, you will receive a certificate of competence confirming that you have successfully passed the course along with 15 CPD hours.

There are eight modules to the course, that cover the basic knowledge base, this will give you the tools required to integrate Colon Reflexes into your practice.

There will be Knowledge Gainers self assessment questions at the conclusion of each module for you to answer. After completion of the eight modules you will be required to submit three case studies along with an extended essay of 1000 – 2000 words.

Course Costs £225.00 which includes the manual, quart crystal point and USB stick with the course content.

For further details or to purchase the course contact Lynne McDougall on 01254 662585 or email wellsprings@colonic-irrigation.uk.com

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